

2024-2025 School Theme

St. Helen Catholic School has chosen the theme "The Lord is My Strength and My Shield" for the 2024-2025 school year to inspire and guide its community through faith and resilience. This theme reflects a commitment to relying on divine support and protection in all aspects of school life. By focusing on Psalm 28:7, the school aims to encourage students, staff, and families to trust in God's strength and guidance. The theme serves as a reminder that faith can empower and shield them through difficulties, encouraging a spirit of unity, perseverance, and spiritual fortitude throughout the year.

Teachers will incorporate the theme into lessons and activities, helping students understand and internalize the idea that faith can be a source of strength and protection. Bible stories, prayer reflections, and discussions will be woven into the curriculum to make this theme a meaningful part of students' educational experience.

The school will organize events and projects centered around the theme. For example, prayer services, retreats, and community service projects will be designed to reinforce the message of God's support in our lives. These activities will provide practical opportunities for students to experience and reflect on the theme in action.

Parents will be invited to participate in events that align with the year's theme. By involving families, the school aims to create a supportive network where faith and strength are celebrated and nurtured both at home and within the school environment.

We are excited to kick off this year's theme with our inaugural school crest and coat of arms.

- The book with the Chi Rho symbol: This is the symbol of Christianity. The Chi Rho is the first and last letter of the Greek alphabet. It means the beginning and the end. Pre K students are the beginning of the educational journey here with us and 8th grade is the end. The Chi Rho symbol on a book symbolizes that He is a comprehensive part of everything we learn.
- The Chalice and the Eucharist is the symbol of the communion of God and man. It shows our commitment to spiritual development, religious education, and the integration of our faith.
- The dove with the olive branch is a symbol of the Holy Spirit. It also stands for love and peace. The olive branch is for reconciliation and God's forgiveness. Heaven is within our reach.
- The surname Bosco means grove of trees. St. Don Bosco is the patron saint of youth. The woods symbolize a nurturing and protective environment. The trees show our interconnectedness with nature. The path stands for our pursuit of knowledge, growth, and learning on our personal journey.
- The cross in the center is the foundation of our faith. The cross plays a central role of Christianity in our lives.

Overall, "The Lord is My Strength and My Shield" will be the driving force for the 2024-2025 school year at St. Helen Catholic School, enriching the spiritual and emotional life of the entire school community and reinforcing the role of faith in overcoming challenges and achieving personal growth by trusting in God.